

CONFERENCE PROGRAMME



THURSDAY, 23rd NOVEMBER 2023

8:15–9:00	Accreditation “Pre-Conference Workshop” and Scientific Conference		
9:00–12:00	Pre-Conference Workshop (Jesper BENCKE)		
12:00–14:00	Accreditation Scientific Conference		
Auditorium 1			
14:00–14:25	Conference Opening: Welcome Notes by the EHF MC Chairman Pedro Sequeira and the Director of the Sports University Porto		
14:25–14:40	EHF Secretary General, Martin Hausleitner and presentation: Sustainability in Handball		
14:50–15:10	Sports University of Porto-Handball Curriculum (Prof. Jose Antonio SILVA)		
15:10– 15:45	Keynotes: COMPLETING THE “CIRCLE OF HANDBALL LIFE” - THE HANDBALL 4 HEALTH PROJECT (Susana Povoas) CLEAN HANDBALL - MORE THAN A REQUEST (Hans Holdhaus)		
15:45–16:15	<i>Coffee Break</i>		
16:15–16:50	Keynotes: CONTRIBUTION OF THE RESEARCH IN HANDBALL MATCH ANALYSIS TO THE COACH’S WORK (José António Silva) HOW TO PLAY THE INFINITE GAME OF HANDBALL – LESSONS LEARNED FROM HAPPY LEAGUE (Niels Rossing)		
Auditorium 1		Conference Room	
17:00–17:15	Analysis of Defensive Activity by Position and Gender - Zoltan Marcinzka /HUN	17:00–17:15	The Relationship Between Specific Game-based General performance in Young Adult Male Team Handball Players - Herbert Wagner /AUT
17:20–17:35	Realtime kinematic data in Handball: What to do with it?- Luisa Estriga /POR	17:20–17:35	What are the Most Physically Demanding Areas of the Handball Court? A Study Conducted on Successful Young Male Players - João Freitas /POR
17:40–17:55	The Use of an Empty Goal in High-Performance Men’s Handball - Anna Volossovitch /POR	17:40–17:55	Inertial data from Korean National Team in Handball World Cup 2023 - Herlander Silva /KOR

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FRIDAY, 24th NOVEMBER 2023

Auditorium 1		Conference Room	
09:00–09:15	Development and Validation of an Observational Game Analysis Tool with Artificial Intelligence for Handball: Handball.ai - Sergio Sanchez Lopez /ESP	09:00–09:15	The Closed Kinetic Chain Upper Extremity Stability Test (CKCUEST) Performance in Elite Team Handball Players Playing with Shoulder Pain, Previous Pain or without Shoulder Pain - Tina Pill Torabi /NOR
09:20–09:35	Changes in Match Demands for the Top 4 Teams During the MEN’S EHF EURO 2022 - Morten Randers & Susana Povoas /POR	09:20–09:35	A Pilot Study: The Effect of Wearable Resistance on Forearm Upon the Throwing Velocity - Andrea Bao Fredriksen /DEN
09:40–09:55	Analysis of Game Pace and Performance Metrics of Elite Teams in the Portuguese Handball League - Mario Navarro /POR	09:40–09:55	Comparative Time-motion Analysis of Handball Referees at the EHF Men’s and Women’s EUROS - Carmen Manchado /ESP
10:00–10:15	The Playerscore: A Systematic Game Observation Tool to Determinate the Individual Players Performance in Team Handball Competition - Herbert Wagner /AUT	10:00–10:15	Using Biomechanical Testing in Handball, part 1: Identifying Athletes at Risk of ACL injury – is it possible? - Jesper Bencke /DEN
10:20–10:35	Handball Learning Assessment: Training to Develop and Humanize - Isabel Souto /POR	10:20–10:35	Association between Countermovement-jump Height and Perceived Ratings of Wellness in U19 Female Portuguese Handball National Team before Women’s EHF EURO 23 - Eduardo Guimarães /POR
10:40–10:55	How Coaches See the Use of Technology in Sports - Sonia Morgado /POR	10:40–10:55	Effects of Small-sided Games Formats on Collective Behaviors of Young Handball Players - Anna Volossovitch /POR
11:00–11:25	<i>Coffee Break</i>		
11:25–11:50	Posters Presentation		
11:55–12:10	Development of Game and Rules in Children Handball - Lars Moller /DEN	11:55–12:10	Six Weeks of Eccentric Training - Hans Peter Koehler /GER
12:15–12:30	Improvement in Decision-Making Index in the U-11 After an Intervention Guided by TGfU - Rafael Menezes /BRA	12:15–12:30	Using Biomechanical Testing in Handball, part 2: Identifying Technical Qualities Important for Jump Height During the Handball Jump Shot - Jesper Bencke /DEN
12:35–12:50	The Comparison of 4x4 and 5x5 Handball Games at U10 Level: Game Balance Analysis - Antonio Ferreira /POR	12:35–12:50	Short-term Inactivity After Warm-up Affects the Physical Performance in Female Elite Team Handball Players - Carmen Gheorghe /ROU

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12:55–13:10	Effects of Small-sided Games Formats on Technical Performance of young handball players U11 - Fernando Gomes /POR	12:55–13:10	The Effect of Blocked Practice and Random Practice to Improve Team Handball Fundamental Skill for Beginner University Students - Khaled Alsharji /KUW
13:15–13:30	GETTING EVERY KID IN ACTIVE PLAY IN PHYSICAL EDUCATION: A Playbbook for Safe, Fair, Powerful and Fun Handball Learning - Luisa Estriga /POR	13:15–13:30	Barriers for the Development of Female Handball Players in a Brazilian Club - Rafael Menezes /BRA
13:35–13:50	Anaerobic Training - an Important Factor in the Training of Elite Team Handball Players - Lars Michalsik /DEN	13:35–13:50	Throwing Load in Handball - Linda Coppens /NED
14:00–14:15	Closing Ceremony		
14:15–...	Individual departure		