

Anti-Doping e-Learning (ADeL)



The Anti-Doping e-Learning platform (ADeL) offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.



Athlete Learning Program about Health & Anti-Doping (ALPHA)

This online program gives athletes information about the dangers of doping and the importance of anti-doping controls, and promotes positive attitudes to clean sport. The tool shifts the focus from what athletes are not allowed to do, to offering solutions for clean progression in sport.



Coach True

Coach True provides anti-doping education for coaches of elite and recreational-level athletes. It has different modules covering all anti-doping processes as well as tutorials, scenario-based activities and quizzes.



Sport Physician's Tool Kit Online

Sport Physician's Tool Kit Online is a streamlined version of the paper based tool kit that allows physicians and other medical personnel to take the course electronically. In addition to covering anti-doping modules specific to sport physicians, there are also 3 modules covering major games topics, done in collaboration with the IOC.



ADO Kickstart

ADO Kickstart is a reference tool that supports administrators in delivering their core anti-doping duties on a daily basis. Step-by-Step process for all topics are outlined with supporting templates and relevant resources for each activity.



Anti-Doping Learning Hub: The University Anti-Doping Textbook

A collaboration between FISU, WADA and the 2015 Gwangju Summer Universiade Organising Committee, designed to be a comprehensive overview of doping in sport. Its target audience is first year university students involved in sport in different capacities and disciplines. Available online in 5 languages.



INFORMATION & EDUCATION RESOURCES

To find all these resources please go to
www.wada-ama.org/en/education-prevention

Education Guidelines and Social Science Research



Education and Information Guidelines

The Guidelines support ADOs in the development, implementation, delivery, and evaluation of an effective core education program within a broader anti-doping program that also actively addresses deterrence and detection.

Concrete examples are included to put concepts and principles into context. Worksheets and plans help with program development.

ADO Reference Guide to the Code

This Guide outlines the changes in the 2015 Code and highlights what Anti-Doping Organizations (ADOs) should focus on going forward from a practical standpoint.

ADO Research Package

The Research Package provides a standardized method of measuring athletes' responses to important issues in anti-doping. This helps measure the effectiveness of education programs as well as allowing for comparisons between athlete populations around the globe.

The Evaluation Handbook

The Evaluation Handbook is designed to help anti-doping organizations (ADOs) to develop a framework for their education programs and provide guidance on how best to monitor and evaluate these programs in order to determine their effectiveness.

Books



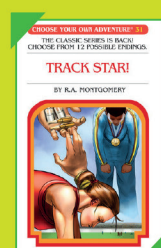
In 2009, WADA partnered with Chooseco, the publishers of the Choose Your Own Adventure series of children's books, to publish two anti-doping and sport values themed books. Books are available in English and French.

*Books are free of charge and available upon request (shipping & handling fees apply).



Always Picked Last

Suggested for readers 8-12 years of age



Track Star

Suggested for readers 12 years of age and older

Information: Brochures and Booklets



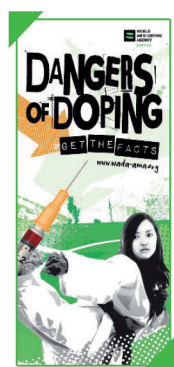
Parents' Guide to Support Clean Sport

An anti-doping reference guide/booklet for parents seeking more information to ensure healthy athletic development and prevent the use of performance enhancing substances. This resource is relevant to parents of all levels of athletes from beginner to elite.



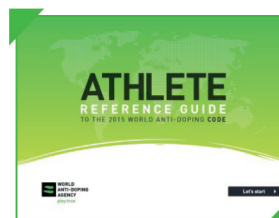
At-a-Glance Series

Brochures that provide a brief summary regarding anti-doping procedures which athletes should follow. (Anti-Doping, TUEs, Doping Control, Whereabouts)



Dangers of Doping Leaflet

Simple reference guide which outlines why doping is a concern and the health consequences of doping, including the risks associated with supplements and substances such as: steroids, EPO, stimulants, hGH, masking agents, marijuana and narcotics. (Targets youth 14-18)



Athlete Reference Guide to 2015 Code

This guide facilitates understanding of the rules of the World Anti-Doping Code. It is not a binding legal document. The language of the Code is the primary source.

Tool Kits (document format)



Coach's Tool Kit

It provides anti-doping organizations, coaching associations and universities with material that can be integrated directly into existing coach education curricula or used as a stand-alone workshop.

Teacher's Tool Kit

It contains a series of lesson plans and activity ideas that can be used by teachers to educate youth about doping in sport in a formal education system.

Program Officer's Tool Kit

It is intended to provide the tools needed to build an anti-doping education program.

Sport Physician's Tool Kit

It helps sport physicians develop anti-doping education programs, which can be adapted and customized to suit local cultures, conditions and resources.

Videos



The World Anti-Doping Agency has produced and posted videos on numerous subjects related to promoting clean sport. You can view them through our YouTube channel.



Doping Control Process

It provides athletes with basic information about their rights and responsibilities in the doping control process and outlines each phase of the process.



Athlete Testimonials

Current and retired athletes offer their views on sport, doping and anti-doping, based on their experience competing at the highest levels; they discuss the importance of protecting sport for the clean athlete.



Social Science Research

This animated video extracts the most relevant points for anti-doping organizations from a report which reviewed anti-doping literature between 2005 and 2015.

Games and Quizzes



WADA Anti-Doping Card Game

This card game is intended for youth. The object of the game is to be the first person to discard all his/her cards, without being banned for life for doping.



Play True Quiz

WADA's Play True Quiz is an interactive computer game which tests your knowledge about anti-doping. The Quiz is currently available in 39 languages.

The **Play True Quiz Handouts** offer an inexpensive way to provide all of the questions and answers to the Play True Quiz.



Play True Youth Quiz

Play True Youth Quiz was developed for younger audiences by providing them with anti-doping information suited to their level.



Play True Challenge

Online game which challenges youth decision-making skills regarding doping in sports. (Targets youth under 19)

Awareness



WADA Outreach Model

Set of materials to assist ADOs in promoting and creating awareness in the sports community about anti-doping.



WADA Play True Campaign

An awareness campaign to promote clean sport and engage athletes to think why they 'choose to play true'.